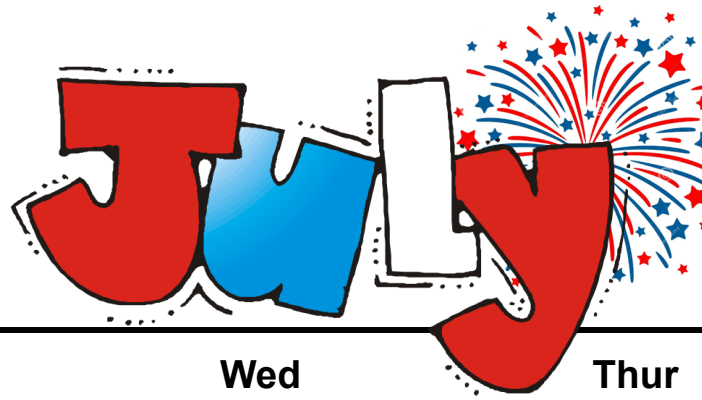




Pinal-Gila Council for Senior Citizens



Apache Junction Multi-Gen Center
1035 N. Idaho Rd
Apache Junction, AZ 85119

Phone: 480-474-5260
Email: junderwood@ajcity.net

Mon

Tues

Wed

Thur

Fri

<p>Menu items are subject to change due to availability of food item. All menu items with ** contain pork or pork products. Lunch is served at 11:30am. Under 60 —\$6/meal Over 60 suggested contribution \$5/meal. Pinal-Gila Council for Senior Citizens is funded in part by the State of Arizona, Federal Older Americans Act, Social Services Block Grant & FEMA</p>				<p>1 Pizza Caesar Salad Fresh Fruit</p>
<p>4 CLOSED <i>happy 4th of July</i></p>	<p>5 Spanish Rice w/ Hamburger Black Beans Mixed Vegetables Pears Wheat Roll</p>	<p>6 Roasted Pepper & Basil Frittata Sauteed Spinach Orange Wheat Roll</p>	<p>7 Fillet of Sole Amandine Roasted Butternut Squash Summer Seasonal Fruit Wheat Roll</p>	<p>8 Salad Station Chicken Noodle Soup Wheat Roll Fruit</p>
<p>11 Beef Stroganoff Broccoli Florets Apple Cranberry Crisp Egg noodles</p>	<p>12 Turkey Tetrazzini Mixed 5-way Vegetables Carrot-Raisin Salad Summer Seasonal Fruit Oatmeal Cookie</p>	<p>13 Salisbury Steak Brown Gravy Corn & Black Bean Salad Pears Wheat Roll</p>	<p>14 BBQ Chicken Potato Salad Green Beans Wheat Roll Fresh Fruit</p>	<p>15 Baked Potato Bar Wheat Roll Fruit</p>
<p>18 Meatloaf w/ Brown Gravy Mashed Potatoes Savory Carrots Pears Oatmeal Raisin Cookie</p>	<p>19 Chicken & Rice Casserole Broccoli Florets Cherry Crisp</p>	<p>20 Pulled BBQ Chicken Sandwich Roasted Butternut Squash Cole Slaw Summer Seasonal Fruit Wheat Roll</p>	<p>21 Fettuccini & Meat Sauce Green Beans Spinach/mushroom salad Banana Garlic Bread</p>	<p>22 Salad Station Broccoli & Cheddar Soup Wheat Roll Fruit</p>
<p>25 Beef Stew Roasted Brussel Sprouts Baked Peaches Wheat Roll</p>	<p>26 Lemon Baked Fish Green Peas Carrot-Raisin Salad Pears Quinoa Pilaf</p>	<p>27 Ginger-Orange Beef Asian Blend Vegetables Banana Brown Rice</p>	<p>28 Birthday Celebration Sweet & Sour Chicken Rice Green Beans Wheat Roll Fresh Fruit</p> 	<p>29 Salad Station Tomato Soup Wheat Roll Fruit</p>