



Apache Junction Multi-Gen Center
1035 N. Idaho Rd
Apache Junction, AZ 85119

Phone: 480-474-5260
Email: junderwood@ajcity.net

Mon

Tue

Wed

Thu

Fri

**\$ = AJPR Leisure Time
Program membership
required**

**** = Separate fee required**

1
9:00a Senior Fit
10:00a Walking \$
1:00p Bridge \$

4
CLOSED

5
9:30a Knit/Crochet
10:05a Stretching/Toning \$
11:00a Dominos \$
1:00p Mahjong \$
2:00p Golf/Card games \$

6
9:00a Senior Fit
10:00a Bikes/Treadmills \$
10:00a Walking \$
1:00p Pinochle \$



7
10:05a Stretching/Toning \$
12:15p PoKeNo**

8
9:00a Senior Fit
10:00a Walking \$
1:00p Bridge \$

11
9:00a Senior Fit
10:00a Walking \$
10:30a Lunch Bingo
12:45p Social Bingo**

12
9:30a Knit/Crochet
10:05a Stretching/Toning \$
11:00a Dominos \$
1:00p Mahjong \$
2:00p Golf/Card games \$

13
9:00a Senior Fit
10:00a Bikes/Treadmills \$
10:30a Doc Talk w/
10:00a Walking \$
1:00p Pinochle \$



14
10:05a Stretching/Toning \$
12:15p PoKeNo**

15
9:00a Senior Fit
10:00a Walking \$
1:00p Bridge \$

18
9:00a Senior Fit
10:00a Walking \$
10:30a Lunch Bingo
12:45p Social Bingo**

19
9:30a Knit/Crochet
10:05a Stretching/Toning \$
11:00a Dominos \$
1:00p Mahjong \$
2:00p Golf/Card games \$

20
9:00a Senior Fit
10:00a Bikes/Treadmills \$
10:00a Walking \$
1:00p Pinochle \$



21
10:05a Stretching/Toning \$
12:15p PoKeNo**

21
9:00a Senior Fit
10:00a Walking \$
1:00p Bridge \$

25
9:00a Senior Fit
10:00a Walking \$
10:30a Lunch Bingo
12:45p Social Bingo**

26
9:30a Knit/Crochet
10:05a Stretching/Toning \$
10:30a Blood Pressure Checks
11:00a Dominos \$
1:00p Mahjong \$
2:00p Golf/Card games \$



27
9:00a Senior Fit
10:00a Bikes/Treadmills \$
10:00a Walking \$
1:00p Pinochle \$

28
10:05a Stretching/Toning \$
12:15p PoKeNo**

29
9:00a Senior Fit
10:00a Walking \$
1:00p Bridge \$